



Children's Classes

Kiwanis Recreation Center- Winter 2003

Advance Registration Required

Kids Karate

This fun program increases discipline, focus, concentration, self-esteem and social skills! Learn the self-defense art of Hawaii Kenpo Karate from Hall of Fame Instructor Jack Wimbish. Uniform, belt and school patch available first day of class for \$35. New students orientation at 4:30pm on first day of class, parents encouraged to attend. This is an on-going program with room for belt rank advancement (there are belt-testing fees). Fee: \$35.

In order to promote spirit and camaraderie Lim Kenpo Karate frequently throws social events outside of the regular training schedule. Attending these events is optional.

KKAR1-1A	5-11yrs	T/Th	1/2-1/30	5-6pm	KRC
KKAR1-2A	5-11yrs	T/Th	2/4-2/27	5-6pm	KRC
KKAR1-3A	5-11yrs	T/Th	3/4-3/27	5-6pm	KRC



Yoga for Child and Parent with Desiree Lewis

Take a moment from your busy schedule to spend some relaxing time with your child. You and your child will learn simple Hatha Yoga movements that help you focus on breathing, movement and relaxation. *Bring Yoga mat or Beach towel. Fee: \$55.

KYOG-1A 0-4yrs Th 1/16-3/6 9-10am KRC

Batik for Children

This ancient art of fabric decoration uses wax and dye to create designs and color. Varieties of the batik technique are done in many cultures around the world. Examples of old fabrics and contemporary batiks are shown and discussed. Create your own designs and color patterns. Parents are encouraged to attend (for free!). Fee: \$20.

KBAT-1A 8-12yrs Sa 1/25 9-11:30am KRC



Kiwanis Park Recreation Center 6111 S. All America Way, Tempe 85283 (480) 350-5201 (480) 350-5050 TDD

Register online at: www.tempe.gov/pkrec/krc